

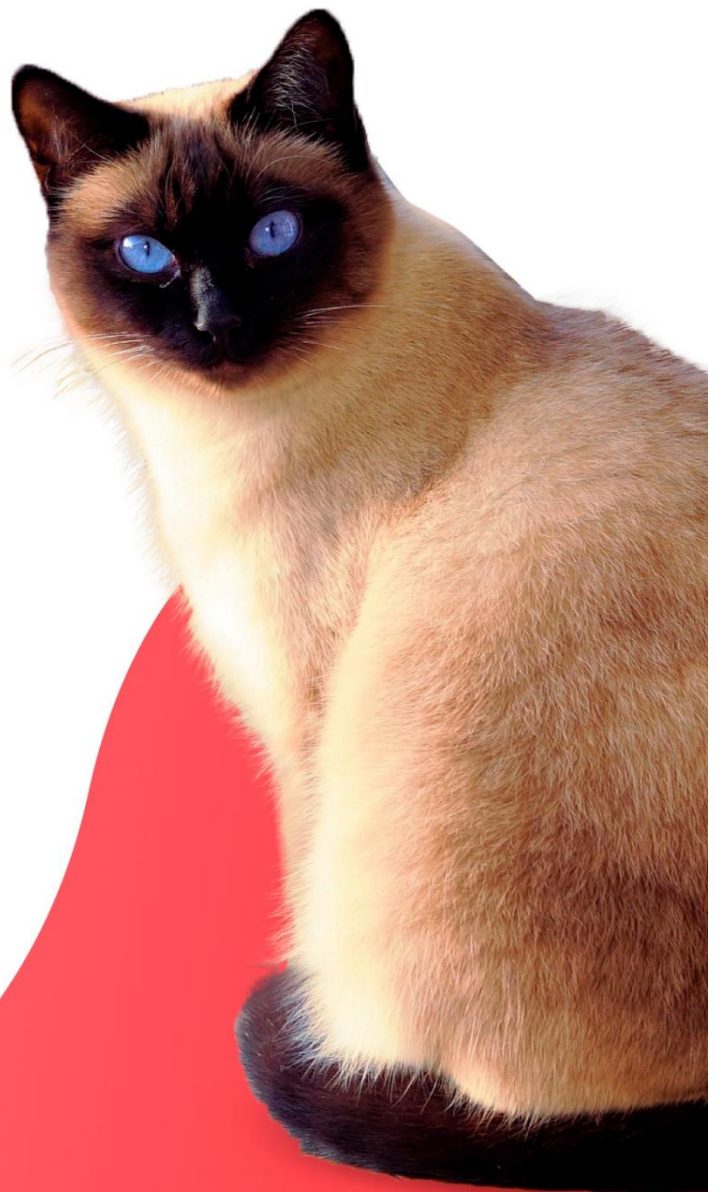
HIDDEN SECRETS TO COMMUNICATING WITH CATS

Discover how to
send messages to
animals using your
intuitive abilities



Val Heart

*The Real Dr Doolittle & Founder
of the Animal Talk Coaching Club*



Imagine how much more wonderful your relationship with your cat could be if you knew how to speak their language?

My elderly, 19-year-old tuxedo kitty Peach was outside exploring her favorite spots and neighbors one day as she'd loved doing all her life as an indoor-outdoor cat. We lived in a quiet, relatively safe community in a more protected area.

She always came home when she promised (at dusk or earlier) and didn't go far from home.

Because we'd discussed the dangers of being outside together, she was incredibly smart with a great deal of common sense.

But one day she didn't come home on time.

So I called her, vocally and heart to heart, mind to mind, like I teach my students how to do.

No answer.

Hmm... that's worrisome.

Not terribly unusual because she'd blocked me out at times before when she was in the middle of a hunt or asleep or sunbathing with the "do not disturb" sign on.

Lately though she'd been showing a few symptoms of confusion.

Not awful, just a few slightly odd behaviors that only someone who knew her very well would even notice. So I didn't worry too much, trusting her to take care of herself.

But when I still couldn't find or talk to her heart to heart, mind to mind, a few hours later, I knew something was wrong.

I started searching but couldn't find her.

Hidden Secrets To Communicating With Cats

Much later I heard her voice in my head. She sounded fragile.

She said, "*Where are you? I'm heading home but everything is dark and I can't see very well... I hurt...*"

In a panic, I headed out to look for her, following her voice and feeling my way to her.

And there she was...

Stumbling and lurching and panting, heading home down the street...

Hurriedly I went to her and when I held and examined her, I saw that her head wasn't right. It was bad.

Loving her with all my heart, assuring her I was there now and she was safe...

Comforting her, giving her a little water, and securing her in a towel in her carrier...

Telling her we were going for help and to hang on...

I called our vet and we raced to his office...

"*What happened, Peach?*" I asked while I drove as fast as I dared, tears in my eyes.

Bit by bit the story came out.

She had been hit by a car when she wasn't looking.

She hadn't even noticed where she was at the time because she'd felt a bit disoriented and dizzy... and she stumbled and fell into the street off the grassy curb she'd been walking on...

Wham!

The car hit her and knocked her out.

The vet confirmed that her head was broken, her cranial bones were a mess. She had a concussion, the injuries were severe.

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So I explained what the vet saw, and asked her if it was her time to go.,

And she said yes. She felt complete, ready to leave her body.

Through my tears, I prepared her by explaining what we were going to do to help ease the pain and suffering, that all would be well in a moment... and so it was.

I felt her Spirit lift out of her body, the pain fade away, and I felt her gratitude, joy, love. Her voice in my head strong and clear as a bell.

And so it was that I said goodbye to my dear old friend that day.

Peach being able to tell me what happened and know I *understood* her was a great relief and comfort for her and me both.

She was able to relax in my arms, knowing she was safe and loved, understanding what would happen next, with her questions and concerns answered.



Peach taught me SO many lessons, from the time I adopted her as a tiny kitten who'd been thrown away in a dumpster and then rescued by my roommates.

Before I came into the picture, she'd gotten caught in a car engine and her leg broken... The cast was as long as her body, but it didn't slow her down in the least.

She was a survivor, and loved to torment my roommate's dog, climb the curtains, and scare the living bejeebus out of us by leaping out in surprise ambushes from hiding places on the stairs.

She loved to sit up on her haunches like a squirrel and helped herself to popcorn, 1 kernel at a time, while we watched our favorite shows and movies together.

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And she enjoyed stealing and eating milky cereal morsels out of my breakfast bowl when I wasn't looking...

She gave me important life and health advice, relationship guidance, marriage, and career counseling. She was never wrong. Not once.

The smartest, wisest cat I've ever known. Opinionated, headstrong, and brilliant.

I'm so grateful she was in my life. A true gift from the Universe.

I still hear from her occasionally, and I know I'll see her again someday.

After all, this journey isn't just about communicating with cats.

It's about helping those in pain, suffering, who need a voice in their recovery, a say in what happens to them. That goes for human caretakers as well as the animals themselves.

So how to do YOU learn how to speak your cat's language?

Let's begin by showing you how communicating with cats works and then I'll teach you how to get started by sending messages to kitties.

Consider...

Have you ever looked across a crowded area and noticed someone who didn't "feel happy"?

Maybe your immediate impression was that they were grieving, or sad, or angry, or even dangerous.

Just tuning in and using your intuitive abilities to sense them told you something about them, going way beyond noticing their body language, and you didn't even know how you knew that.

Here's another example of using your intuition.

Have you ever walked into a group get together, maybe a party, and immediately "felt tension in the air" even though people were acting fairly normal?

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Then later you found out there had been an argument, a fight, angry words, or maybe someone just broke up with their boyfriend or girlfriend?

Or maybe you saw a cat and KNEW that cat was meant to be yours, the right one for you, energetically calling to you like a lighthouse beacon.

Cats communicate through energy in the exact same ways humans do -- most of us just aren't paying much attention to it.

When you learn to flex and build your intuitive gifts, more information opens to you in extraordinary ways.

Student and cat lover Angelica excitedly told me what happened for her:

"The other day, I was getting dressed and pulled a pair of jeans out of the closet and my oldest cat gave me a strange meow... I heard myself saying, "You don't think I should wear these?"

He did the strange meow again, and again with the next pairs I pulled out. Finally, I pulled out a newer pair, and he did a much sweeter, softer meow, and put his head down and closed his eyes.

I could hardly believe I was getting fashion advice from my cat!

Later, at my meeting, a friend told me how nice the Jean's looked on me. Confirmation from the Universe!"

Kitty Fashionista? Yeah Baby!!

Cats know so much more than you think.

Isn't that great?

Now...

Hidden Secrets To Communicating With Cats

You may have just had an Ah HA lightbulb moment!

So...

Take a second and think back... maybe you've now realized that you've *also* had an experience where your cat was talking to you.

You didn't just imagine it, it really happened.

For us animal lovers, when we are awakened and tuned in, these kinds of things happen all the time.

If we're unconscious and unaware, then we miss it, and that's just sad.

And it feels really frustrating to your cat too, let me tell you.

Because they try to share their hearts and minds with you all the time, and if you block them out? They hate that.

That's typically when the tip of their tail twitches with annoyance, and when they slap or scratch you or bite too.

The problem is that you were taught that communication is all about body language and the spoken or written word.

That's a very limited concept of communication.

Because research has shown that only about 10% of information is transmitted that way.

So where does the rest of the information come from?

The other 90% of the communication is all energetic.

Even more amazing, it's telepathic.

Your cat sends energetic telepathic messages heart to heart, mind to mind, every day.

Hidden Secrets To Communicating With Cats

Can you imagine how much you've been missing or glossing over?

What if you could merge so completely and share information so freely with an animal that you knew what they were thinking, what they felt, and had an experience of what it's like to be them?

That's exactly what you'll get to experience when you learn how to connect and communicate at the heart and mind.

Being able to communicate telepathically so you can share life experiences with your cat is a priceless gift.

Communication allows us to better understand that we are not alone, that we are connected, and that we can help each other, and it also enriches our own lives through the sharing of our experiences with each another.

Many companion kitties choose to spend their lives attempting to break through our barriers, help us heal and reconnect with all of Life and our Divine Nature.

Remember to listen to your cats. Have the courage to consider their viewpoints, their intelligence, knowledge, and wisdom, and ask them for help when you need it.

People experiencing all kinds of cat problems seek my assistance, and I love doing healing sessions with people and their cats because the transformations are deep, intimate and extraordinary...

...Sometimes even miraculous.

Change, evolving and growth always begins with a conversation. In the HEART System for solving problems with cats, talking with them is the best place to start solving problems.

Because once you know precisely what your cat is thinking, how they are feeling, if they are confused or in pain, and what helps or makes things worse...

Hidden Secrets To Communicating With Cats

You can stop chasing your tail on expensive guesswork and can work together to solve problems in true partnership.

I LOVE teaching highly sensitive, empathic, spiritually oriented cat lovers who are worried about your cats health, pain or mystery illness issues.

Often you have a powerful sense that your cat needs to tell you something...

Through my Heart Wisdom Methods of learning animal communication, you can hear and receive the wisdom your angel, teacher, healer, soulmate, protector, and guide disguised as a cat needs you to know.

Take sometime today to talk to your cat.

Feel your love for them.

Feel your connection.

Because here's the thing:

Cats are in your life for a reason. They are God's gifts on loan to you.

They can be your Teachers, Healers, Angels, Soulmates, Guardians, and Guides. When you learn how to recognize, respect, and revere them as the spiritual beings they truly are, they can help you become a better human.

Hidden Secrets To Communicating With Cats



And when you learn to speak their language, you'll become a better communicator with all animals and people too!

You want your cat to be healthy, well-behaved, live a long life, and be happy, to know they are loved. How can you know if they are without speaking their language?

Your cat needs to be able to talk to you about things every day, like what's bothering them, if they got hurt or feel sick, how bad the pain is, where they hurt, what makes them feel worse or better, what confuses them, what makes them feel sad, and what makes them happy.

Just like with human children, your cat has a lot more to share with you too. Some of their wisdom is funny, loving and kind, and some of what they have to say is life changing, profound, wise, and insightful.

Learning how to communicate telepathically, heart to heart, mind to mind is important because people misunderstand their cats all the time.

That leads to a lot of what I call chasing your tail on expensive guesswork with vets, and investments in unnecessary equipment (or replacing damaged items).

The truth is, without knowing what your cat is thinking or feeling – or really needs - you can get into interesting and sometimes awful predicaments.

Because your cat also mirrors, acts out, and reflects your own imbalances, illness, inner wounds and issues, they also become your best teachers and healers.

I call this the Human Animal Body Mind Connection.

Hidden Secrets To Communicating With Cats

You can make their life and your own a lot better, more fun, happier, and healthier through the power of a conversation.

Learning this will completely transform the quality of your and your cat's life and could even wind up saving their life one day too.

They try to tell you that they love you, what their purpose is and when things aren't right in their world. They may also be trying to tell you things aren't right in YOUR world!

Like Peach's story, you need to be able to hear your animals so they can tell you if they're happy, if they're in pain or feel sick, or if they need to tell you something important so you can enjoy a wonderful heart connection and spiritual bond.

Are you frustrated by not knowing why your cat is behaving badly? If they are happy or unwell?

You may think everything is ok but...is it?

Make sure that your pet's life is as happy, pain-free and as full as it can possibly be through animal communication.

Because without communicating directly with your cat, you can't know why they behave the way they do or how to best resolve problems.

I started helping people communicate with and solve problems with their cats all over the world in 1993 as a professional cat whisperer.

Everyday people contact me desperate for insight into why their cats are sick, ill or dying, why they behave in aggressive, dangerous, obstinate, or confusing ways, feeling worried they are missing something important because their cat seems depressed or unhappy.

You may be having problems with a sick cat and don't know how to help them feel better.

You may be struggling with behavior issues, when everything you've tried so far hasn't worked very well, and you don't know what to do next.

Hidden Secrets To Communicating With Cats

You may be worried about a pending euthanasia decision, you may be in agony of indecision about whether it's time to put your cat to sleep or not, wondering if they are suffering.

How do you know if what you're doing to help them is actually helping – or causing them more pain?

Wouldn't you love to know exactly what your cat is thinking and feeling?

What if you could simply ask them what was wrong, where they hurt, how they felt, why they behaved the way they did?

Would knowing how to talk with your cat change and improve your life?

You would be able to help your animal to feel safer, more loved, respected and understood.

Maybe in a moment of desperation, you wished you could just magically stick a microphone right inside your pet's head so you could know what they're thinking?

I've got good news for you!

You CAN learn how to hear your pets' thoughts, feel their feelings.

You owe it to yourself and to your cat to make the effort. They work hard to be your best friend. They love you unconditionally. They are there for you when you're sad, lonely, or confused.

They don't care if you're having a bad hair day, are over or underweight, and they couldn't care less if you aren't wearing any makeup or are going bald.

Time to become their best friend, to discover how to speak their language because they give you their life, their heart and their love.

Are you having problems with your cat?

Hidden Secrets To Communicating With Cats

Learning how to talk with your cat saves you money, worry, frustration, sleepless nights, and time because until you know for sure what the real problem actually is from their viewpoint (instead of your guessing or assuming wrongly), you can spin your wheels and get nowhere.

As they say, when you're going in the wrong direction, more speed doesn't help.

Just as you would talk things over with your best friend, your teacher, boss or coworker, a senior parent or a child, if you don't connect and communicate up front so you understand each other, then you can go way off track quickly.

You can make things worse in a hurry, or end up wasting a great deal of time, energy, and money with little or no results.

And in many ways, you are already receiving their messages, but you may not feel clear or consciously aware enough (yet) to decipher, interpret, or understand the information properly so you know what they are saying.

The key is to become consciously awakened, to learn how to use your intuitive abilities properly, be fully present with them (not lost in your head or disconnected) so you can enjoy telepathic, heart to heart, mind to mind connection.

To do that, all you need is to learn and practice the practical steps, tips, and techniques to succeed, and which you are about to learn.

Cats are spiritual beings in physical bodies, with intuitive and telepathic abilities, just like you.

Let me explain what that means.

Telepathy is just a fancy way of saying that you can feel, sense and hear others over a distance, like using an intuition telephone. You already do this every day, all day long even if you're not aware of it.

Hidden Secrets To Communicating With Cats

You were born knowing how to do this. You may have shut down your senses in some way, or don't know how you're receiving or sharing information with others, but you're still doing it.

Your cats see what is in your mind's eye, and they feel what you are feeling.

Have you ever noticed how your cat disappears when it's time to go to the veterinarian?

Or how they can appear almost magically when you have something good to eat?

I once worked with a blind and deaf cat. We were in the living room, and his person and I started discussing one of his favorite treats, cheese.

The next thing we knew, he got up and headed to the kitchen where he sat down and eagerly waited on us to come open the refrigerator and get him a cheese snack!

This isn't an accident or a coincidence. If your cat is paying attention, they always know what's going on with you.

And when you learn how to pay attention, how to connect, you can know what's going on with them too.

Today I invite you to step into the wonderful, amazing world of animal communication and discover this for yourself.

Animal communication is essential to your ability to enjoy loving, happy, and healthy relationships with cats.

Hidden Secrets To Communicating With Cats

I'm Val Heart. At various times in my long career as a leading, internationally known animal communication expert, I've been called The Real Dr. Doolittle™ and Animal Communicator to the Stars.



I'm a bestselling author and co-author and the founder of the HEART System™ for solving problems with pets. I'm also the host and founder of The Heart School of Animal Communication, and the Animal Talk Coaching & Mastery Club, where students around the world come for education, community, mentoring, advanced training, and inspiration in improving their abilities.

People all over the world seek me out because they care about their animals who are struggling. They've heard that I can solve problems in minutes, rather than years. The way I do that is by giving your cat a voice so they can tell you how they feel, if they are in pain, and what confuses them or makes them sad.

Before knowing how to communicate with cats, I remember yearning for a more fulfilling, intimate relationship with them.

I wanted to understand what they knew about the world around us that I didn't know. They have viewpoints, insights, and wisdom all their own, and I wanted to learn from them.

Cats think deeply about things in their life. They feel emotions, they reason situations through to figure out how to solve puzzles and games.

Hidden Secrets To Communicating With Cats

Often their answers, questions, comments, and insights will delight and surprise you! You may even catch yourself laughing out loud.

It's important to realize that the fur baby currently disguised as your cat is way more intelligent than you may realize.



Do you have any idea who you could be living with?

When you pull the curtain back and look beyond their physical body suit, you could discover a master healer, a wise teacher, guide, angel... your very own best guru and you don't even have to climb a mountain, sequester yourself in a monastery or go to an ashram.

Do you ever get the sense that your cat is trying to tell you something... but you just don't get it?

They ARE trying to tell you something. Cats spend their entire lives trying to break through, so you can hear them. They want to help you.

They work hard to heal you, to inspire you, to protect you, and to share their wisdom with you.

You *can* receive the wisdom your cat wants to share, learn to take actions that improve their behavior and even help them heal. You can even experience deeper spiritual meaning, clarity, and peace of mind.

How? By learning to speak their language.

Let me share with you a few things that you can do that will deepen your relationship with them far beyond the norm.

So the next time you are with your cat or any animal around you, wild or domestic, you will know how to recognize, respect and revere them for who they truly are.

Hidden Secrets To Communicating With Cats

Learn how to listen not just with your ears and eyes but with your whole heart.

What Cat Communication Is and What it is Not

Animal communication is a telepathic sharing of energy, impressions, images, feelings, concepts, and ideas.

If you're alive reading this right now, then trust me, you are already communicating telepathically by sending, sharing, and receiving energetic impressions and feelings with everyone around you.

Animal Communication is NOT mind control.

Just because you tell your cat something YOU want them to do, it doesn't mean that they will do it.

They have their own viewpoint, understanding, concerns, needs and wants. Things that are important to them, and things they need you to know.

Telepathic communication works by sharing your energy with each other, your heart to their heart, your mind to theirs. It doesn't just focus on your words or language, it's an energetic exchange of information.

Cats don't always think in mental thoughts like people do.

They think in feelings, concepts, and images.

For instance, do you know how it feels to feel sad? To grieve? To feel angry? To feel upset, or worried or frightened?

If you can feel these emotions in yourself, then you already know how they feel. That means you can learn to recognize these energies in others with just a little practice.

Hidden Secrets To Communicating With Cats

It's time to learn about the importance of understanding and working with emotions and energy. *(I teach much more about accessing and using your own individual Intuitive Signature Styles in the Beginning Core Foundations, Advanced Animal Talk Mastery Courses and the Animal Talk Coaching & Mastery Club [in The Heart School of Animal Communication.](#))*

Understanding feelings and how to work with them is critical to your success in talking with cats.

The point is that if you can feel these energies and get clear about them, then you can in fact sense what your cat is thinking and feeling.

It's important to learn how to be emotionally peaceful and comfortable with what you're feeling before you'll be able to feel someone else's emotions accurately.

Cats share energy, thoughts, feelings, understand concepts, beliefs, and attitudes.

Saying that, some cats are much easier to talk to than others. It depends on what they think of humans and what they expect from you.

Once you know the basics of how to communicate with cats, you'll need to learn how to carry on a good and productive conversation with them.

Cat whispering isn't just for fun!

It's also about improving behavior and training, performance, preparing for a peaceful transition, reconnecting in the afterlife and find them when they reincarnate.

You can even help your kitty heal when they're sick -- when you know how and yes, this is a more advanced intuitive ability so we'll save that for another day.

Let the journey begin...

3 Fundamental Cat Communication Principles

Let's begin by learning these 3 Principles, then I'll teach you how to use them to deliver a message to any animal at any time, using my 3 Step Telepathic process.

A lot of students get extraordinary results with their cats just by using these 3 Steps.

That's because these 3 Principles help bridge the communication gap between you and everyone in your life, because as you'll discover if you choose to continue your training with me, communicating with animals is a spiritual journey.

Principle #1: Cats SEE You.

Okay, I can hear you thinking (because I'm psychic, of course!).

"But Val, of course they see me! If I'm in their line of sight, if they're looking at me, they see me, and I see them! What do you mean?"

Let me explain so you can understand what cats REALLY see and what I see when I connect and communicate with animals!

Have you seen the movie Avatar? It's one of my favorite movies. There is a scene in it where the native people known as the Navi say "*I SEE YOU*".

It means, they GET you. They SEE the essence of you, your Soul, your Spirit, WHO you really are. It's deep, it's spiritual, it's your HEART, your Truth connecting you with another being at a deep spiritual level.

When I say cats SEE you, that's what I mean. They see through to the heart of you, your essence, your Spirit, the energy around you and inside you.

Hidden Secrets To Communicating With Cats

Of course, they also see your body language, just like you do theirs. They watch you, like you do them.

They also see deeply into your heart, your mind, your spirit. They read your unique energetic frequencies, the part of you that makes you YOU.

We are spiritual beings disguised in physical human bodies. They are spiritual beings disguised as cats.

So, Principle #1 is that cats SEE who you really are, both physically AND subtly.

If your body language is closed off, they sense that. If you are feeling impatient with them, they feel it. They see your truth.

The real question is, can you see them?

Look at your cat right now, or another cat or a picture of a cat is fine. You can even do this with a picture of a deceased cat.

Notice what you “see” or sense about their energy, their life force.

Take a minute and use your imagination to see their aura, the energy field around their body.

If you could see it, what would it look like? How big would it be and what color is it?

Does it feel strong and vibrant or soft, quiet, peaceful?

Is it a solid field of energy and/or color? Or is it broken, weak in some areas, strong in other areas?

What else do you notice? Be aware.

Principle #2: Cats HEAR You!

If you call their name, clap your hands, make noises, shout or yell at them... If they are within earshot and aren't deaf, then yes, of course, they can hear you!

But let's dive in a little deeper. There is a major difference between physical hearing and subtle hearing.

Your tone of voice, volume, timbre, dialect, cadence, are all things that make up your voice and what they hear physically.

Subtly, they also hear your intention, your *meaning* behind the odd combination of sounds coming out of your mouth which could be very different from someone else saying the exact same thing!

They get the context, attitude, and beliefs behind your words.

You can tell them the same exact story (cue or signal) and they'll receive it differently depending on what energy and context you put into it.

Think for a minute... How does a parent know when their baby's cry means "I'm wet" or "I'm just having a bad day" or "I'm in pain" or "I'm scared?"

Ever wonder how a human parent knows the difference in the sounds their baby makes? It's because they are listening energetically and intuitively with their heart.

Principle #2 is that cats HEAR you, both physically AND subtly.

The real QUESTION is, can you hear them?

Imagine what might happen if you *could* magically put a microphone inside their minds, what do you think you might hear them say? Would they have an accent?

Hidden Secrets To Communicating With Cats

What might they be thinking about? If you greeted them or asked them a question, what do you imagine they would say in return?

With the proper training, you can know the exact context behind the sounds they are making, both subtle and physical, on the inside and on the outside.

Principle #3: Cats can FEEL you.

This is the BIG one that most people overlook or are simply clueless about, or gloss over, and it could easily be the most important Principle. I'm talking about emotions, feelings, the sharing of energy, life force, or, your chi.

Emotions are energy in motion. They are generated inside our body by our neural network and endocrine system, they follow thoughts.

Emotions resonate deeply in the body in various places.

And, they are expressed through the body's pores, scent glands and via physical expression like body language.

Emotional energy can get disconnected from our conscious mind and awareness.

Mentally you may not be conscious of what you're feeling in any given moment. In our society, all too often we are trained to suppress our emotions, to be polite and politically correct at all times, to hide behind a social mask so others don't know what we're really thinking or feeling.

And when you have many emotions suppressed below the surface of your consciousness awareness, you may not even know what you are feeling.

Hidden Secrets To Communicating With Cats

Highly sensitive empathic people struggle with this because they can feel overwhelmed with too much information and often shut down, so they don't feel so much that is painful, they simply numb out.

One of the gifts of cats is they can FEEL and share those feelings with you.

They feel your heart, your spirit, and are aware of all the emotions held and expressed through various places in your body.

Have you ever noticed that when you're upset, or sad, or in pain, that your cat will act differently?

Maybe they come check on you... sit on your lap offering comfort, or laying beside you.

Sometimes they will come stare at you for a long time, trying so hard to share their heart with you, to tell you something they want you to know.



Did you know that cats think humans are incredibly dense?

They worry about us, a lot. They can tell when we are at risk of getting sick, or something is going wrong in our lives or relationships...

They try their best to break through our barriers, so they can help us heal.

When your innate intuitive ability to subtly see, hear and feel them is compromised, blocked or limited, your communication can become incoherent, rambling, and confusing to animals because you are disconnected, you are not fully present, you aren't really listening and you can't pay attention because you're too distracted.

Hidden Secrets To Communicating With Cats

You wind up being scattered all over the place. Often *you* don't even know what you're saying or thinking!

You need to help them understand you by simplifying your thoughts, gaining clarity about what you really want/need, being fully present, mentally quiet and receptive.

If you want to send a coherent, understandable message to an animal they can understand, it's your job to do your inner healing work so they can understand you.

So to recap, the 3rd Principle is your cats can FEEL you.

The real question is... Can YOU feel them?

Imagine looking across a room at a friend or stranger and that you immediately know or have a sense of what they are feeling whether they are angry, sad, depressed, excited, happy, lighthearted, or in love...

If you can do that, and I know you can, then you can do this too.

Now you know the 3 Fundamental Principles to communicating with all cats:

See - Hear - Feel.

Practice these Principles frequently, in every communication you have, and with every animal teacher you meet.

Next, you are ready to learn how to send a direct message to any cat, anywhere, any time.

3 Steps to Send a Telepathic Message to Your Cat

Talking to cats is easy once you understand the concepts, practice so you get good at it.

Hidden Secrets To Communicating With Cats

Remember that if your cats are paying attention to you, they already have some clues about what you're thinking and how you're feeling.

They know things about you that *you* don't know!

They see inside your mind's eye (the images on your mental monitor).

They feel the emotions you're resonating with.

They hear the words coming out of your mouth and reverberating inside your head.

They do their very best to make sense of what you're thinking, from their viewpoint.

To send a telepathic message to your cat:

1. GET CLEAR!

First get clear within yourself about what you want to tell them and why it's important. Get their attention so they are listening to you and aren't distracted.

TIP: Consider the story or message from their viewpoint, not just your own. Why is it important to them? What's in it for *them*?

2. TELL THE STORY!

While you talk through the story message out loud, both in your mind's inner voice inside your head and your speaking "outside" voice, take time to see the story happening in your mind's eye like you are filming your own movie video.

Be sure to feel the feelings that you want them to feel while you tell the story, so they know if it's good/happy/positive story or bad/painful/ negative message of warning.

Hidden Secrets To Communicating With Cats

TIP: If you are working with a behavior problem, you can explore the best-case scenarios about what you want to have happen ideally.

And how happy that would make you feel.

You can also explore the worst-case scenarios with the consequences or risks clearly presented.

And how sad or heartbroken that would make you feel.

This way they can be better informed, know what they didn't know before, and can make better choices and decisions for themselves.

3. TEST IT!

This isn't rocket science. Animal communication is subjective, feeling based, energetic communication from heart to heart, mind to mind.

As you learned earlier, communication is not mind control! You cannot make them do things just by telling them a story from your viewpoint.

Instead, watch what they do in response. Look for anything different. There could be subtle changes in mood, energy or attitude, or more obvious changes.

They may do exactly what you told them, or they may not, depending on their viewpoint, whether they agree with you or not, or they may be confused if you haven't been clear enough.

Your job is to inform them properly so they can make better choices on their own and understand the consequences of their actions.

Hidden Secrets To Communicating With Cats

TIP: During the story and afterward, practice being sensitive to their concerns, mood, and their energy in response. If you feel any hesitation, wariness, caution, or pushback, then stop and ask about what's come up.

Did you go too fast? Where were you not clear enough?

Did you touch on something that is worrisome to them?

Or is what's important to you NOT important to them?

Notice where you were in the story when something shifted and stop to ask them for help understanding their viewpoint. Be in the space of it with them and see what comes up for you to know, consider or do.

You can do this!

Get Clear -- Tell the Story – Test It.

If you get stuck or feel blocked, here's what to do about it.

Sometimes students have a little trouble getting out of their head and into their heart so you can make a connection and communicate with cats.

And you'll wonder why you aren't receiving animal messages back.

And sometimes once you have connected, you can get a little lost in the conversation and not know what to do after the initial greeting.

"OMG! You heard me! You actually responded!?! That's amazing! Uh... what do I do now??"

Sometimes you may feel dread, sadness or grief at the thought of talking to an animal who is in pain or getting close to making their transition.

Hidden Secrets To Communicating With Cats

"What if when I talk to you it breaks my heart with sadness, grief, and too much pain... I don't want to feel your pain, I don't think I can take it..."

At this point, you may not know how – or if it's even possible - to connect and communicate with an animal that has already crossed over. (Hint: it is possible.)

"Are you still out there? Did you get stuck, are you still in pain, are you in a bad place? What's it like on the other side, in the unknown? Are you okay? I'm not okay, I'm still grieving what happened, missing you, and every time I think of you, I break down and cry..."

Do you worry about that too?

Other students felt all these things, but after a bit of coaching, guidance, and the opportunity to experience breakthroughs in every one of these situations, they realized something very important.

There isn't anything to fear or worry about, once you know what you're doing.

And with that astonishing realization, EVERYTHING changed for them *and* the animals they are talking to.

They discovered that animals are amazing regardless of where they are in their life's journey, that they can reach and teach us, and that they are able to communicate with us wherever they are and whatever they are going through.

You can too.

The beauty of it is that you can access all kinds of amazing information really quickly, almost in the blink of an eye.

Of course, I've been practicing for years now (since 1992), and you may be just getting started. Once you know what you don't know yet, it'll be so much easier.

All you must do is get out of your own way, stop overthinking, and focus on connecting, heart to heart, mind to mind.

Hidden Secrets To Communicating With Cats

To communicate telepathically with cat confidently, proficiently, and effortlessly, you must:

1. Quiet your mind so it stops interfering and blocking you...
2. Deepen your connections to all of life by awakening and activating ALL your intuitive senses...
3. Increase your conscious awareness while you explore your relatedness to others.

The energy between you can change as you connect and communicate, and it helps to be aware of that also.

Energy is supposed to flow.

Because we are all spiritual, energetic beings, having physical experiences, and that goes for cats too.

When you practice becoming one with an animal, you'll notice that your own energy frequency will begin to match theirs. *(In case you're wondering, the Become One exercise is a wonderful communication technique taught in the Beginning Core Foundations Course...)*

A big part of your journey is learning how to sensitize your ability to feel, send and receive messages with cats is about noticing subtle energetic changes.

Once you have your basics down...

Practicing the right way in a safe community with other people's pets so you get proper feedback and confirmation you got it right – or gentle loving correction if you didn't - is the only way to improve and grow your proficiency.

These are the kinds of lessons and experiences I coach and guide my students on.

Imagine that. :-)

Hidden Secrets To Communicating With Cats

There are always more steps, more questions, more answers... because ultimately this is a life's journey all about healing, evolving, and growing into your BEST Self.



If your goal is to become competent as a cat whisperer, so you understand their messages back to you, then you should know that this is only the beginning.

It gets even more wonderful the more experience and practice you have, when you know how to receive and interpret their messages back to you, so you can enjoy a two-way dialogue.

Imagine talking to a whole group of animals, a colony of cats, a pack of dogs, a herd of horses, a flock of birds!

Hidden Secrets To Communicating With Cats

You could hear their jokes, their concerns, how they feel about the world around them, and who among them is strong, and who is in trouble and needs help.

In a remarkably short period of time, you can learn how to RECEIVE their messages too.

Soon you'll find yourself talking with animals as easily as chatting with your best friend.

Remember that TRUE heart to heart, mind to mind communication is always a two-way conversation.

What you need to tell them – your message - is only half the story.

What they need to tell you is equally important.

Becoming proficient and competent simply requires your dedication and commitment, opportunities to experience excellent education from really good teachers, and regular practice with proper feedback to master your skills.

Cats need us and we need them. With a bit more training on using your intuitive abilities, gifts, and skills, you can begin communicating with animals at a deeper level so you can experience a beautiful, mutually beneficial dialogue and relationship with the pets you love.

In the complete *How to Talk to Animals Heart Wisdom Method Program*, I teach students how to hear their animal's emotions, wisdom, and thoughts so that you know where problems are really coming from, so you know what to do to help, and what not to do.

If you truly want to be able to communicate with your cats, so that you can connect more deeply and take better care of their needs, you don't want to skip this important step.

Cat communication is the key to a lasting bond and learning this skill can save you time and money, and could even save your animal's life, or like with Peace, ease their passing.

Time to take the next step in your training and educational adventure.

Learn How to Talk to Animals: Beginning Animal Communication Foundations Course

Now you know the 3 Fundamental Principles that work to connect with every animal, anywhere, anytime.

You also know the 3 Steps to SEND a telepathic message to an animal.

Your next step is to know how to open the channels, use all your intuitive abilities, and connect so you can RECEIVE their messages back to you, and interpret what you get accurately.

Communication is the lifeblood of all your relationships. No matter what kind of animals you have in your life, no matter how much you love them, no matter how much you do for them... *everything comes down to your ability to understand and communicate with animals.*

Hidden Secrets To Communicating With Cats

If you can't communicate consciously, accurately, and directly so they can tell you what they are thinking and feeling, then you both will continue to struggle and feel frustrated or disheartened.



The Beginning Core Foundations Course shows you how to develop your intuitive skills with tried and true, step by step techniques.

You'll discover how to tune in and connect properly until you are so IN SYNC with your pet, you can't help but KNOW, at a deeply intimate level, what they are thinking, what they need and how they really feel, what they sense when they look at the world around them.

You'll also know what makes them happy and, in the process, you'll be able to hear what they are thinking.

This life changing experience will blow your mind!

Once you do this, you'll never look at an animal the same again. Eliminate doubt and create self-confidence in your growing skills.

This Course also teaches you the fastest, most direct way to communicate with any animal, anywhere, anytime you want to.

Hidden Secrets To Communicating With Cats

There's No Risk to try it out! All The Heart School of Animal Communication self-study courses are fully guaranteed.

Click the link below to find out how this wonderful program can change your life.

The Heart School of Animal Communication

Everything you need at your fingertips is at this link:

<https://learnhowtotalktoanimals.com/animal-communication-online-courses-core/>

Want more?

You have 2 ways to get my expertise for communication, medical intuitive scanning, healing, and student mentoring for yourself and/or your pet:

1. Start with the Beginning Core Foundations Course and join me and your fellow students in the Animal Talk Coaching & Mastery Club so you can participate in our monthly Live Q&A Coaching Calls and participate in the Heart Wisdom Masterclasses.

This is the link to find out more and how to join us:

<https://go.learnhowtotalktoanimals.com/animal-talk-coaching-club-main/>

All the Heart Wisdom School syllabus with self-study courses, programs and memberships are here:

<https://learnhowtotalktoanimals.com/animal-communication-online-courses-core/>

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2. Would you prefer to private coaching/mentoring and/or healing sessions with me?

Here's where to find out more and get started:

<https://ValHeart.com>

ABOUT VAL HEART

Val Heart specializes in helping people who are struggling with their pets. She is called The Real Dr Doolittle™, Animal Communicator to the Stars and is the leading animal problem-solving expert.

A bestselling author, Val is the founder of The H.E.A.R.T. System™ a 5 step process for solving problems with animals.

She also works with under-performing show horses and their riders to Improve performance, health and well-being.

Val loves teaching animal lovers how to talk with animals so you can save money at the vet, solve your own behavior, performance and training problems.



Her mission and passion is to improve the lives of animals the world over by helping humans learn how to speak their language, understand their viewpoints, and heal.

After all, it's our love of animals that helps us learn how to be better humans, and the more balanced and healthier we are, the more balanced and healthier they can be too.

Learn how easy it is to hear your animal's voice and wisdom so that you can save money at the vet, resolve your own behavior, performance, and training problems, and learn how to deepen your heart connection with all animals.

People come to her who are struggling with their pet, and then she helps the pets who are struggling with their people.

Find out how to hire Val to help you privately with your pet:

www.ValHeart.com

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